

Advice and Support for parents/carers



www.nspcc.org.uk

Help and advice for parents /carers and families dealing with mental health problems.



www.mind.org.uk

Help and advice on supporting a young person



Also offer support and advice for parents/carers

Advice and Support for Adults/carers



www.mentalhealth.org.uk

Advice and support for parents with their own

Providing support

If you are significantly concerned about your child's well-being during any kind of closure or self-isolation please contact your head of year in the first instance, alternatively contact Mrs Tether Head of Safeguarding. Mrs Tether will coordinate with the Counselling Department.

Year 7 – Mrs Chapman	l.chapman@marriotts.herts.sch.uk
Year 8 – Miss Coben	j.coben@marriotts.herts.sch.uk
Year 9 – Miss Cooper	n.cooper@marriotts.herts.sch.uk
Year 10 – Tingey-Foreman	t.tingey-forman@marriotts.herts.sch.uk
Year 11 – Mr Whittaker	m.whittaker@marriotts.herts.sch.uk
Head of Safeguarding - Mrs Tether	l.tether@marriotts.herts.sch.uk

Senior Therapist - Shannen s.wadsworth@marriotts.herts.sch.uk

Students are still able to report bullying to our staff using the following email address:
Antibullying@marriotts.herts.sch.uk

Marriotts School

SUPPORT FOR MENTAL HEALTH



Marriotts School



Aim High, Work Hard, Be Kind

Marriotts School
Brittain Way
Stevenage
Herts
SG2 8UT

Phone: 01438 726999

Email: admin@marriotts.herts.sch.uk

Web: www.marriotts.herts.sch.uk

Advice and support for children / young people



www.childline.org.uk

Online support for any child



www.youngminds.org.uk

Online support for young people who may be struggling with every day issues



www.kooth.com

Service for young people to get advice and support online.

single point of access

Email: hpft.spa@nhs.net for non-urgent enquiries
For a range of self-help information please click [here](#)
Live webchat service

If you'd prefer to speak online, click on the SPA red button [here](#).
This service is available Monday-Friday, 7am-7pm.

In case of emergency or crisis

Lister Hospital A&E Corey's Mill Lane,
Stevenage, SG1 4AB

Children Crisis Assessment and Treatment
Team (C-CATT)

0800 6444101 (4pm– 8am)

Community Mental Health Teams: 0300 777
0707 Daytime

01438 843322 (out of hours 5-9 and weekends)

Samaritans: 01438 116 123

Shout 24/7 text service: 85258

Saneline: 0845 767 8000 (6-11 pm)

No Panic: 0800 138 8889 (10 am-10 pm daily)

Aanchal (Asian Women's Aid): 0845 451 2547

Herts Domestic Abuse Helpline: 08 088 088
088

Advice and support for children / young people



www.cruse.org.uk

Offer support around bereavement.



[www.mentalhealth.org.uk/
podcasts-and-videos/](http://www.mentalhealth.org.uk/podcasts-and-videos/)

Podcasts to listen to when experiencing feelings of stress & anxiety.



[www.hertssunflower.org/
herts-sunflower.aspx](http://www.hertssunflower.org/herts-sunflower.aspx)

Advice and support for anyone concerned around Domestic Abuse.