

Advice and Support for parents/carers



www.nspcc.org.uk

Help and advice for parents /carers and families dealing with mental health problems.



www.mind.org.uk

Help and advice on supporting a young person



Also offer support and advice for parents/
carers

Advice and Support for Adults



www.mentalhealth.org.uk

Advice and support for parents with their own mental health problems

Providing support

If you are significantly concerned about your child's well-being during any closure or self-isolation please contact your head of year in the first instance, alternatively contact Mrs Tether Head of Safeguarding. Mrs Tether will coordinate with the Counselling Department.

Year 7 – Mr Haley	s.haley@marriotts.herts.sch.uk
Year 8 – Miss Cooper	n.cooper@marriotts.herts.sch.uk
Year 9 – Mrs Tingey-Foreman	t.tingey-foreman@marriotts.herts.sch.uk
Year 10 – Mr Whittaker	m.whittaker@marriotts.herts.sch.uk
Year 11 – Mr Georgiou	c.georgiou@marriotts.herts.sch.uk
Head of Safeguarding - Mrs Tether	l.tether@marriotts.herts.sch.uk

Students are still able to report bullying to our staff using the following email address:

Antibullying@marriotts.herts.sch.uk

Marriotts School

SUPPORT FOR MENTAL HEALTH



Marriotts School

Aim High, Work Hard, Be Kind

Marriotts School
Brittain Way
Stevenage
Herts
SG2 8UT

Phone: 01438 726999

Email: admin@marriotts.herts.sch.uk

Web: www.marriotts.herts.sch.uk

**Advice and support for
children/ young people.**

childline

ONLINE, ON THE PHONE, ANYTIME

www.childline.org.uk

Online support for any child

YOUNGMINDS

www.youngminds.org.uk

Online support for young people who
may be struggling with every day issues

kooth

www.kooth.com

Service for young people to get advice
and support online.

**In case of emergency or
crisis**

Lister Hospital A&E Corey's Mill Lane, Stevenage,
SG1 4AB

Children Crisis Assessment and Treatment Team
(CCATT)

Community Mental Health Teams: 0300 777 0707
Daytime

01438 843322 (out of hours 5-9 and weekends)

Samaritans: 116 123

Shout 24/7 text service: 85258

Saneline: 0845 767 8000 (6-11 pm)

No Panic: 0800 138 8889 (10 am-10 pm daily)

Aanchal (Asian Women's Aid): 0845 451 2547

Herts Domestic Abuse Helpline: 08 088 088 088

**Advice and support for
children/ young people.**

Cruse
Bereavement
Care

www.cruse.org.uk

Offer support around bereavement.

Mental Health
Foundation

[www.mentalhealth.org.uk/
podcasts-and-videos/](http://www.mentalhealth.org.uk/podcasts-and-videos/)

Podcasts to listen to when experiencing feel-
ings of stress & anxiety.



[www.hertssunflower.org/
herts-sunflower.aspx](http://www.hertssunflower.org/herts-sunflower.aspx)

Advice and support for anyone concerned
around Domestic Abuse.